

# 5 KEY RECOMMENDATIONS TO ADVANCE THE SEXUAL AND REPRODUCTIVE HEALTH OF WOMEN LIVING WITH HIV IN CANADA

## BACKGROUND

In Canada and around the world, women living with HIV face unique challenges and human rights violations related to sexual and reproductive health (*WHO, Consolidated Guideline 2017*).

Through a peer-driven and evidence-based process centred on the priorities of diverse communities of women living with HIV, we identified five key recommendations for transforming enabling environments that shape sexual and reproductive health and rights by, with, and for women living with HIV in Canada.

Clinicians, community and AIDS Service Organization representatives, researchers, policy-makers, and other groups who care for women living with HIV have declared their commitment to implementing these recommendations.

## RECOMMENDATIONS

- 1** Meaningfully engage women living with HIV across research, policy, and practice aimed at advancing the sexual and reproductive health and rights by, with, and for all women living with HIV.
- 2** Centre Indigenous women's priorities, voices, and perspectives in all efforts to advance sexual and reproductive health and rights of women living with HIV.
- 3** Use language and terminologies that are actively destigmatizing, inclusive, and reflective of women living with HIV's strengths and experience when discussing sexual and reproductive health and the rights of women living with HIV.
- 4** Strengthen and expand Knowledge Translation initiatives to support access to and uptake of relevant and contemporary sexual and reproductive health and rights information for all stakeholders.
- 5** Catalyze the reciprocal relationship between evidence and action such that action on sexual and reproductive health and rights is guided by research evidence, and research is guided by what is needed for effective action.

Our team at \_\_\_\_\_ commits to implementing the five key recommendations to advance the sexual and reproductive rights of women living with HIV. We are committed to the ongoing involvement of women living with HIV in the work we do and the services we provide.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



To learn more about the national consultation and the five key recommendations, including guidance on implementation, [click here](#), or contact Dr. Angela Kaida at [angela\\_kaida@sfu.ca](mailto:angela_kaida@sfu.ca).

